

WEA Courses at Holton Lee - Autumn Term 2011

Title	Tutor and aim of course	Dates	Time
Getting to Know Trees Better	Geoff Jones To more fully appreciate native trees from a range of ecological and cultural perspectives.	22/09/11 – 17/11/11	7 – 9pm Thurs 8 sessions
Understanding Nature	Peter Orchard To provide a basic understanding of key factors that affect nature and wildlife so that enjoyment from being in the countryside is enhanced by a greater appreciation of it.	21/09/11 – 30/11/11	10am – 12 noon Weds 10 sessions
Digital Photography – Control and Creativity	Richard Jeffery To provide a solid introduction to basic camera skills, photographic awareness and creative image making, suitable for hobby use or progression.	8/10/11 – 19/11/11	9.30am – 12.30pm Sat 6 sessions
Growing Green: Organic Gardening Basics	Karen Gerry To provide an introduction to the basics of organic gardening with a view to practical application in your own garden.	1/10/11 – 2/10/11	10am – 5pm Sat and Sun – optional B+B
Relaxation and Mindfulness	Emma Browning To learn the skills of mindfulness and relaxation to help reduce the effects of stress on the body and mind. Benefits can range from improved anxiety levels to maintaining a healthy sleep pattern.	1/11/11 – 21/11/11	9am-12.30pm Tues 4 sessions
Nature in Mind – a natural retreat	Geoff Jones Enjoy a weekend away in a beautiful part of Dorset, strengthening your relationship with nature and feeling better for it. Spending time outdoors surrounded by nature, creates space in our lives to unwind, raising morale and self-esteem, enriching our quality of life. So if you want to find 'time to stand and stare' join us for this nature based retreat.	11/11/11 – 13/11/11	Weekend residential course
Preparing to Teach in	Geoff Jones	3/10/11 –	6 – 9pm Monday

the Life Long Learning Sector PTLLS	The qualification provides an introduction for those new to teaching and training or those wishing to teach or train.	12/12/11	10 sessions
Expressive Landscapes	Abi Kremer The aim of this course is to capture, with sketches made on site, the essence of this magical landscape, consisting of woodland, heathland and seascape habitats. These sketches will be developed into paintings on the second day, in a medium of choice, including watercolour, oil or acrylic.	30/09/11 – 2/10/11	Weekend residential course
Creative Development in Drawing and Painting	Abi Kremer This painting and drawing course will help learners develop a fresh approach to their artistic practice and learn from like-minded participants, inspired by the Holton Lee landscape.	7/10/11 – 11/11/11	7 – 9pm Fri 5 sessions